

ESSEX SUPPORT GROUP INVITES YOU TO OUR NEXT MEETING:

ROYAL OSTEOPOROSIS SOCIETY'S 40TH ANNIVERSARY CELEBRATIONS!



**Join us for coffee & cake – and find out how YOU
can help us raise awareness of osteoporosis and
the support available in Essex**

Date: Thursday 16th July Time: 10.30 – 12noon

***Langdon Discovery Park - The Hub meeting room
Lower Dunton Rd, Basildon SS16 6EJ***

(A small voluntary contribution will help with meeting costs)

Please let us know you are coming

Tel: 01761 471771

Email: essexvolunteers@theros.org.uk