

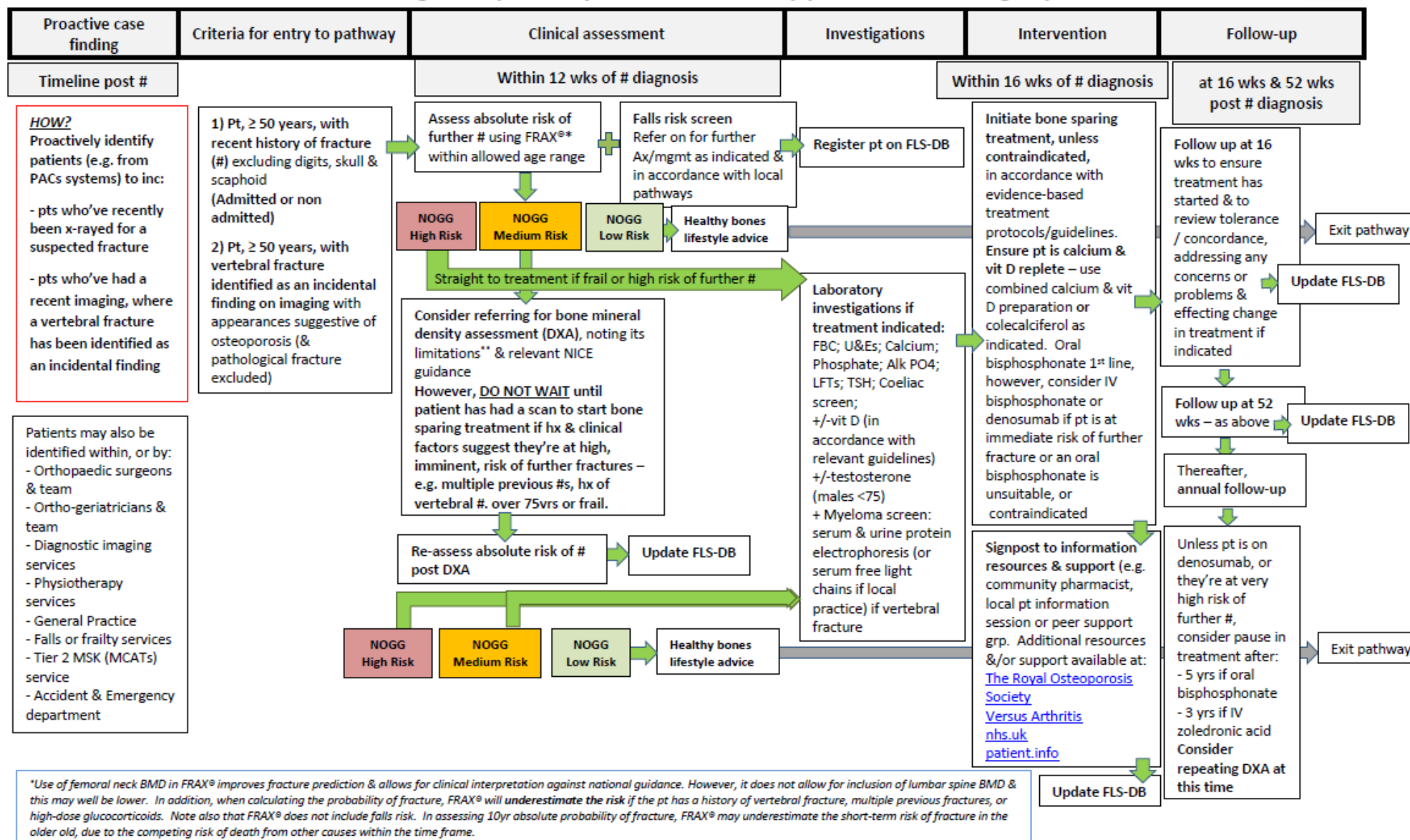


Example Patient Pathways and Guidance

These Patient Pathways are a shared example from an existing Fracture Liaison Service team and are intended to support the development of similar pathways within your organisation. They should be adapted to meet local needs.

If you have any feedback, feel that something is missing, or would like to provide additional information, please contact us at FLS@theros.org.uk.

Draft integrated pathway for the secondary prevention of fragility fractures



*Use of femoral neck BMD in FRAX® improves fracture prediction & allows for clinical interpretation against national guidance. However, it does not allow for inclusion of lumbar spine BMD & this may well be lower. In addition, when calculating the probability of fracture, FRAX® will underestimate the risk if the pt has a history of vertebral fracture, multiple previous fractures, or high-dose glucocorticoids. Note also that FRAX® does not include falls risk. In assessing 10yr absolute probability of fracture, FRAX® may underestimate the short-term risk of fracture in the older old, due to the competing risk of death from other causes within the time frame.

** DXA is not required if the pt has had a previous scan within the past two years. If the pt has degenerative changes or a vertebral fracture in the lumbar spine region of interest then the BMD results for this site will be spuriously elevated unless the area affected can be excluded from the analysis. If the patient has bilateral total hip replacements in situ or spinal instrumentation in the lumbar area then a BMD measurement at that site will not be performed as the results would not be meaningful.

Throughout the pathway ensure: 1) Shared decision making between patient & clinician – understand their values, preferences, & priorities - using relevant patient decision aids as applicable; 2) Personalisation with appropriate mechanism & timing of follow-up (virtual, patient initiated etc); 3) Access to information & support at all points (e.g. advice line, patient groups and societies, FAQ on website etc.) to enable supported self-management.

Fracture Liaison Service Post Fracture Pathway

