

1 IN 2 WOMEN AND 1 IN 5 MEN OVER 50 WILL BREAK A BONE DUE TO OSTEOPOROSIS

Your donation could support:

- Practical support like the ROS Helpline
- Expert resources and local support groups
- Vital research to beat osteoporosis

Stop broken bones breaking lives.

Scan to donate today.

Thank you.

NO MORE
BROKEN
BONES NO MORE
BROKEN
LIVES



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ROYAL
OSTEOPOROSIS
SOCIETY

Better bone health for everybody