

WORLD OSTEOPOROSIS DAY

Friday, 23rd October, 1-4pm

Aintree Hospital

Assessment and Rehabilitation Day Unit

**Please join us for an osteoporosis information day
to celebrate World Osteoporosis day 2026!**

Topics will include

Diagnosis

- How we diagnose osteoporosis and the use of DEXA scans

Lifestyle advice

- Exercise, diet and more

Osteoporosis care in Liverpool

- Our treatment team will outline the current treatment pathway at Aintree
- Vertebral fracture management
- What does the future hold, including Fracture Liaison Service

Aintree World Osteoporosis Day
2026 registration form



Please register via the QR link, or ask ARDU team to complete registration in-person